

Ս. Սահակ եւ Ս. Մեսրոպ Հայր. Եկեղեցի
Sts. Sahag & Mesrob Armenian Church
THE LIGHTHOUSE



Rev. Fr. Shnork Souin, Pastor
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Parish Council Members on duty today:
Nick Durgarian, Paul Surabian

Schedule of Sunday Services

Morning Service (*Keesharayeen & Aravodyan Jham*) 9:00 a.m.
Divine Liturgy (*Soorp Badarak*) 9:30 a.m.

Sunday, September 6, 2015
Barekendan of The Fast of The Exaltation of The Holy Cross

Scripture Readings

Isaiah 13:1-11

II Corinthians 7:4-16

Mark 7:31-37

Creed: Armenian

The Legacy of our Martyrs 1915 - 2015

Don't just attend the Badarak. See it, feel it, sing it, pray it, hear it, smell it, touch it, and taste it and see how sweet is the Lord!

Ճաշակեցէք եւ տեսէք զի քաղցր է Տէր:

"Taste ye, and see, for the Lord is sweet." (Adapted from Psalm 34:8)



Exaltation of The Holy Cross

Every autumn, the Armenian Church celebrates the Exaltation of the Holy Cross—one of the five major feasts of the Church, and the most important of the four feasts of the Holy Cross.

The Exaltation refers to the True Cross on which Christ was crucified, which according to Church tradition was ceremoniously elevated for veneration on three occasions. It was first elevated by St. James the Apostle, the first Bishop of Jerusalem, who lifted the cross with the words "We bow before thy cross, O Christ"—a formulation still used in the Armenian liturgy.

The second occasion involved the discovery of the True Cross after a period of some 300 years. In A.D. 326, Queen Helena, mother of the Emperor Constantine, traveled to Jerusalem to identify the holy places associated with Christ's life. She authenticated the True Cross by placing upon it the body of a recently deceased youth, who was miraculously raised to life when he came in contact with the formerly discarded cross. According to tradition, the True Cross was overgrown with aromatic basil, which is used in the commemoration of the feast day today.

The third occasion came in the 7th century, when the Persians had seized the True Cross of Jesus after conquering the city of Jerusalem. Leading a coalition of forces, including Armenians, the Emperor

Heraclius recaptured the cross and, en route to Jerusalem, passed with it through Armenia, where the cross was repeatedly raised up and venerated.

On the Feast of the Exaltation of the Holy Cross, the Divine Liturgy is marked with an “antasdan” service (blessing of the fields) during which the processional cross is adorned with basil (a symbol of royalty) and the four corners of the church are blessed as a symbol for all the world.

The cross is a source of great national pride for us as a khachagir—or “cross-bearing”—nation. For over the centuries, Armenians have borne Christ’s cross with faith, hope and love. What was once an instrument of torture and death—comparable to the modern electric chair—became for us Christians the symbol of salvation, and victory over death.

Naturally, to those with no faith, our veneration for the cross makes no sense at all. They cannot understand how so base an instrument could be at the center of our worship, on our churches and altars. But we see in the cross the instrument on which our Lord sacrificed Himself in order to cleanse mankind of its sins. The cross for us is the instrument of life: a divine sign that shows the power of life over death. It is for this reason that Christians throughout the world venerate the Holy Cross.

Part 2 next week.



PILGRIMAGE TO JERUSALEM - January 13-23, 2016

Make your reservations NOW !!

Total \$2,800, Down Payment \$300 ASAP



Response when Kissing the Cross (during the procession):

The faithful says:

Յիշեսցիր եւ զիս առաջի անմահ գառիկն Աստուծոյ:

Hee-shes-cheer yev zeez a-rra-chee an-mah ka-rinn As-doo-dzo.

(Remember me before the immortal Lamb of God.)

The priest says:

Յիշեալ լիջիր առաջի անմահ գառիկն Աստուծոյ:

Hee-shyal lee-cheer a-rra-chee an-mah ka-rinn As-doo-dzo.

(You shall be remembered before the immortal Lamb of God.)

Response for the Kiss of Peace:

The giver says:

Քրիստոս ի մէջ մեր յայտնեցաւ:

Krees-dos ee mech mer hayd-ne-tsav.

(Christ is revealed in our midst.)

The receiver says:

Օրհնեալ է յայտնութիւնն Քրիստոսի:

Orh-nyal eh hayd-noo-tyoo-nun Krees-do-see.

(Blessed is the revelation of Christ.)

Response when Kissing the Gospel (after the Divine Liturgy):

The faithful says:

Յիշեսցէ Տէր զամենայն պատարագս քո:

Hee-shes-tseh Der za-me-nayn ba-da-ra-kus ko.

(May the Lord remember all your sacrifices.)

The priest says:

Տագլ քեզ Տէր ըստ սրտի քում:

Da-tseh kez Der usd sur-dee koom.

(May the Lord grant to you according to your heart.)

Participating in the Divine Liturgy: Please follow the prayers and hymns of the Divine Liturgy in the books provided in the pews. The front section contains the Armenian Krapar text and modern Armenian translation, while the latter part gives the English transliteration and translation. Page numbers are illuminated at the upper left and right sides of the main altar. Please sing along with any of the hymns which the choir is singing.

Confession and Holy Communion: Those who are preparing to receive Holy Communion may kneel in the center aisle or remain standing at their pew for the group recitation of the confession (p. 48-49). After the absolution please proceed via the central aisle towards the altar in an orderly manner. Two Parish Council members will be present to assist. Please return to your pew via the side aisles.

CHRIST OUR GOD

You crown your saints with triumph and you do the will of all who fear you, looking after your creatures with love and kindness. Hear us from your holy and heavenly realm by the intercession of the Holy Mother of God and by the prayers of all your saints, especially the holy martyrs who gave their lives during the Armenian Genocide for faith and for the homeland, whom we commemorate today. Hear us Lord, and show us your mercy. Forgive, redeem and pardon our sins. Make us worthy thankfully to glorify you with the Father and with the Holy Spirit. Now and always and unto the ages of ages. Amen.

TODAY'S REQUIEMS (*Hokehankist*):

Requiem Prayer

Lord, have mercy. Lord, have mercy. Lord, have mercy. O Christ, Son of God, forebearing and compassionate, have compassion, in your love as our creator, upon the souls of your servants who are at rest, especially upon the souls of your servants and maidservants:

- **Harry & Mary Ajemian** - requested by Norene & Grace Petrarca.

- **911 Victims, Mouradjian Family** - requested by Irene Mouradjian.

- **Hrant Edmund Souin** (8 year Memorial) - requested by Father Shnork and Yn Souin and family.

- **Gaythorne Angell Sr.** (37 year Memorial), **Victoria Angell** (11 year Memorial) - requested by Linca Angell, gathorne Jr., Lori & Joseph Savicks, Richard Angell & Family, Michale Angell, Kathy Maine, Debbie Charn, Beverly Williams, Claire Skippee, M/M Kachadoor Kojoian.

...for whom we are offering these prayers. Be mindful of them in the great day of the coming of your kingdom. Make them worthy of mercy, of expiation and forgiveness of sins. Glorify them and reckon them with the company of your saints at your right hand. For you are Lord and creator of all, judge of the living and of the dead. And to you is befitting glory, dominion and honor, now and unto the ages of ages. Amen.



Welcome and Sunday Fellowship

Welcome Visitors! Please join us for our after services coffee fellowship in the Egavian Hall. Your presence is greatly valued. Please become a regular worshipper. **Note:** Please call the office if you would like to include the name of your family member or friend who is presently in the military in our prayer

Please keep our Christian brothers and sisters in Syria, Egypt and Iraq in your prayers that God Almighty will watch over them and protect them in these uncertain and dangerous times

PRAYER FOR HEALING - Armenian Book Of Hours (Sixth Hour)

Remove the pains and heal the wounds of your people, O Lord our God, and grant perfect health to us all through your all-conquering cross, through which you eliminated the weakness of the human race and condemned the enemy of our life and salvation.

You are our life and redemption, beneficent and all-merciful God, and you alone can forgive our sins, remove diseases and sicknesses from us. You know our needs, O giver of gifts; grant your abundant mercy to all your creatures, each one according to his needs. And through your gifts may we always praise the all-holy Trinity, the Father, the Son and the Holy Spirit, now and forever and ever. Amen

Prayers of Healing have been requested for:

His Beatitude Abp Mesrob Mutafyan, Patriarch of Constantinople

Prayer Card Ministry

Information about the *Prayer Card Ministry* of Sts. Sahag & Mesrob Armenian Church is available through the church office. If you would like to request a Healing Prayer Card or a Memorial Prayer Card for a loved one, please call the office (272-7712). Details for this are available on line at <http://www.stsahmes.org/prayercard.shtml>

ANNOUNCEMENTS

SEPTEMBER 5 & 19

The Cultural Committee's *Arts Educational Program*: Registration for 2015-2016 first semester is Saturday, September 5, 2015 from 10 a.m. to 11 a.m. Programs begin on Saturday, September 19, 2015 at 10 a.m. First rehearsal of the Nazeli Dance group will be announced. For information, contact Chairperson, Janna Guegamian (401-861-3573.) Registration forms available through the office.

SEPTEMBER 13

Feast of the Exaltation of the Holy Cross and Blessing of Basil
Donations of sweet basil will be greatly appreciated. Please let the office know of your donations so they may be acknowledged in the Sunday Bulletin that day. Thank you.

Sunday School Registration and First Day is Sunday September 13th. Feast of the Holy Cross followed by a Welcome Back Family

Picnic for the Whole Parish.

SEPTEMBER 24

The Providence Men's Dinner - Fellowship - Prime Rib - Fine Spirits - Quality Cigars Thursday September 24 at 6:30 p.m. Donation \$100. Only 75 spaces available. To reserve contact Nick Durgarian (508-596-4912) Marc Janigian (401--523-3276) or Paul Surabian (401-301-5510). Thank you for your support.

SEPTEMBER 25

The Cultural Committee presents a special evening with Mr. Ruben Pashinyan - Journalist, playwright and producer from Armenia on Friday, September 25th at 7:00pm in Hanoian Hall. Film "*Armenian Kingdom in Cilicia*" followed by a Q&A session. Admission is \$10. Light refreshments will follow.

SEPTEMBER 27

Let's Learn Armenian Songs! Nvair Beylerian and Andrea Carden - Nvair and Andrea will spend the morning with the Sunday School teaching music and then follow up with a short presentation in the Egavian Hall! Do not miss this!!!!!!

SEPTEMBER 28

Mary House Outreach - In the spirit of Christian stewardship, part of our parish outreach effort is to volunteer at St. Patrick's meal kitchen. Monday, September 28th is our parish's next date to volunteer. We meet at St. Patrick's on Smith Street by 4:00pm. The last meal is served by 5:15pm when we help with clean-up. Call Joyce Avedisian (724-3978) or Bertha Mugurdichian (351-9276) if you have questions. Subsequent dates: 11/23, 3/21, 6/20.

OCTOBER 9

The Women's Guild will host a "*1950's Family Night*," Friday October 9, at 6:30 p.m. Special "*Celebrity*" guest, dinner, games, raffles. Donation \$12, Kids, \$8. For reservations, please contact Yerezgin Julie Souin at juliesouin@gmail.com / 1-973-865-9925. Best costume contest for kids and adults! Come join the fun!

OCTOBER 25

Spiritual Music Festival in the Sanctuary at 5 p.m. Save the date.

NOVEMBER 7 & 8

Annual Bazaar November 7 & 8. Watch for announcements.

NOTICES

OUR PICTORIAL DIRECTORY HAS ARRIVED ! - If you had your portrait taken, please see a member of the committee to pick up your copy on Sunday following the Divine Liturgy.

PRAYER BOX - There is now a new *prayer box* which replaces the “Gold Box” in the chancel. The new box is located on the table at the entrance of the Sanctuary on the elevator side. The prayer box is donated by Michele Kazarian in loving memory of her father, Michael Halberian.

HOME BLESSINGS - Parishioners are encouraged to have their homes blessed. Please invite Der Hayr to bless your home. Have a piece of bread, dish of salt, glass of water available for the blessing.

PARISH MEMBER DUES Following the decision of the 2/26/2014 Parish Assembly, membership dues are \$175 (\$125 for seniors). Based on a new Diocesan by-law and as this is the centennial year, dues for members age 18-24 are only \$100. Those unable to give full dues may confidentially approach the Pastor to explain their situation. Parishioners are kindly asked to contribute beyond dues as part of the “*Stewardship Program.*” **Existing members’ dues must be received by Dec. 31 2015;** (new members must be received by June 30 to vote at Parish Assembly in February 2016.) Don’t forget to take advantage of the many payment options which can be made on line, by check, credit card, in full, or in part weekly, monthly or quarterly.

LOVE YOUR NEIGHBOR REMINDER- Remember your non-perishable food donations for Mary House food pantry. Items that move very quickly and are needed the most - **tuna, peanut butter, jelly, soups and rice.** Donations of these food items will be greatly appreciated. They also need personal care toiletries such as tooth paste, tooth brushes, shampoo & conditioner, deodorant etc. As always thanks so much for supporting Mary House. For info., contact Joyce Avedisian (724-3978) or Bertha Murguchian (351-9276).

VETERANS LIST: We are continuing to update our Veteran’s list and will do so on a ongoing basis. Please send an email to Gary Nahabedian at GaryNahabedian@hotmail.com. If email is unavailable please call him at 401-871-8331. Please make sure to leave the veteran’s name, branch of service and living, deceased or killed in action. (Rank is optional).

Der Hayr’s Prayer List: Please inform the office if you have friends or family who are suffering any physical or spiritual distress and are in need of prayer, and Der Hayr will add them to his prayer list where they will be remembered before the Holy and Immortal Lamb of God during the Eucharist. *You may also use the prayer request cards and place them in the Gold Box.*

POOR BOX – Did you know we have poor boxes for donations to help the needy at entrances to the Sanctuary? Contributions appreciated.

ARMENIAN RADIO HOUR - Sundays 9-10 a.m. WARL 1320 AM

ARDZAGANG - Armenian Television Program-Statewide Cable Interconnect Channel 13 (A):broadcast Thursdays, 8:30-9:30 a.m

CHURCH LIBRARY - Anyone needing assistance to donate or take out books from the Church Library should call the church office at 272-7712.

CALENDAR OF EVENTS

- 5 Arts Education Registrations 10-11 a.m. (Egavian)
- 7 NO Church History Class today.
Labor Day Holiday, office closed.
- 8 Senior Citizens, 10 a.m.
- 13 **Exaltation of the Holy Cross & Blessing of Basil**
Sunday School Opening Day - Registration -

- 14 Welcome Back BBQ Picnic
Senior Citizens, 10 a.m.
Church History Class, 7 p.m.
- 19 Arts Education Classes begin, 10 a.m. (1st semester)
- 21 Senior Citizens, 10 a.m.
Church History Class, 7 p.m.
- 24 Men's Dinner & Fellowship 6:30 p.m.
- 25 Cultural Committee Film, "Armenian Kingdom in Cilicia"
7pm, Hanoian Hall
- 26 Arts Education 10 a.m.
- 27 Let's Learn Armenian Songs! Nvair Beylerian and Andrea
Carden - See "Announcements"
- 28 Mary House Outreach, 4p.m.
Church History Class, 7 p.m.

OCTOBER

- 3 NERSA Sunday School Teacher Education Workshop
- 4 *Great Cloud of Witnesses* film during fellowship
- 9 Women's Guild Family Night, 6:30p.m.
- 18 Annual Church Name Day
- 25 Spiritual Music Festival (Sanctuary) 5 p.m.

NOVEMBER

- 7 & 8 Annual Church Bazaar
- 11 Mary House Outreach, 4p.m.

SUNDAY SCHOOL
Registration and First Day is
Sunday September 13th
Feast of the Holy Cross
Followed by a Welcome Back Family Picnic for the
Whole Parish





Pilgrimage to **JERUSALEM**

Sts. Sahag and Mesrob Armenian Church

Armenian Christmas in the Holy Land

Our 1st Parish Pilgrimage to Jerusalem

Led by Fr. Shnork Souin, Pastor

January 13-23, 2016

Includes visits to:

Armenian Patriarchate/ St. James' Monastery, Old City/ Tomb of Christ,
Bethlehem, Sea of Galilee, Jordan River, Dead Sea

Trip Includes:

Round-trip airfare from Boston; Full transportation and transfers in Israel as specified in itinerary; Breakfast and Dinner daily; 4* Hotel accommodation (Double occupancy); Entrance fee to all sightseeing destinations; Tour Guide (English).

Cost per person (based on double occupancy): \$2,800

Space is limited. A minimum of 20 participants is required.

For more information, contact:

SIMATOURS@gmail.com

(610)359-7521

SIMA Armenia Revealed **tours**

SIMA Tours
www.SIMATours.com
simatours@gmail.com, 610-359-7521