

Ս. Սահակ եւ Ս. Մեսրոպ Հայր. Եկեղեցի
Sts. Sahag & Mesrob Armenian Church
THE LIGHTHOUSE



Rev. Fr. Shnork Souin, Pastor
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Parish Council Members on duty today:
Nick Durgarian - Gary Tarajian

Schedule of Sunday Services

Morning Service (*Keesherayeen & Aravodyan Jham*) 9:00 a.m.
Divine Liturgy (*Soorp Badarak*) 10:00 a.m.

Sunday, February 7, 2016

Great Barekandan

Scripture Readings

Isaiah 58:1-14 (Pg. 733) Romans 13:11-14:25 (Pg. 148)

Matthew 6:1-21 (Pg. 4)

Creed: Armenian

The Legacy of our Martyrs 1915 - 2015

Don't just attend the Badarak. See it, feel it, sing it, pray it, hear it, smell it, touch it, and taste it and see how sweet is the Lord!

Ճաշակեցէք եւ տեսէք զի քաղցր է Տէր:

"Taste ye, and see, for the Lord is sweet." (Adapted from Psalm 34:8)

Der Shnork



Pastor's Points of Light

What is Lent?

What does the word "Lent" mean and why has the church given this name to the time of preparation before "Easter?"

During the spring as daylight increases, trees begin to bud and flowers start to appear. It's spiritual connection with the new life in Christ and His resurrection was undeniable. The new life that comes at Spring reminding us of God's creative power, the "Garden of Eden," and the renewed and "happy living" that comes from Jesus' Death and Resurrection was descriptive of the old English word "Lent", meaning "springtime." Lent or bahk in the Armenian Church Tradition begins with "Poon Paregentan," which means "good or happy living," likewise recalling the splendor of Eden.

All the Sundays of Lent are "Paregentan" days, that follow 6 days of fasting. Lent is a forty day period of abstinence and fasting lasting 7 weeks, because Jesus Himself spent forty days and nights fasting and praying before He began His public ministry. It is a sober reminder of our sinfulness that denied us the former happiness in the Garden. While Christ saves us and washes us of all the filthiness of the stain of sin in baptism, the exercise of Lent has in it the spiritual benefit of strengthening and conditioning the human spirit both individually

and corporately as a church from all the influences of the "evil one."

If we take the time that God has given us during Lent to examine our condition and to reflect on the "gift" of "abundant life," through a living trust in Jesus' death and resurrection; the forgiveness of sins, the Holy Spirit (Psalms 104:30) will prepare us to celebrate the "Good News" that is announced at "Easter," that: "Christ is Risen from the dead, blessed is the revelation of Christ!"

Lenten tradition: In ancient days people would take the time of Great Lent to prepare for Baptism on Easter. Today, those who are baptized also take the time to reflect on three things; personal sins (Romans 3:23), God's great Love for us (John 3:16), and the new life that comes from the sacrament of Baptism (Romans 6:4). Common and traditional ways in which Christians have utilized Lent as a time of preparation is by; fasting, prayer (Bible, Prayer Books-Jhamakirk, "Jesus Prayer-Lord, Jesus have mercy on me, a sinner"), and almsgiving (helping people in need ie. food, clothing etc.).

Prayerfully, *Fr. Shnork Souin*



The Holy Gospel of Jesus Christ according to Matthew (6:1-21)

"Beware of practicing your piety before men in order to be seen by them; for then you will have no reward from your Father who is in heaven."

"Thus, when you give alms, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by men. Truly, I say to you, they have their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be in secret; and your Father who sees in secret will reward you."

"And when you pray, you must not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, that they may be seen by men. Truly, I say to you, they have their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you."

"And in praying do not heap up empty phrases as the Gentiles do; for they think that they will be heard for their many words. Do not be like them, for your Father knows what you need before you ask him. Pray then like this:

Our Father, who art in heaven, Hallowed be thy name.
Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we also forgive our debtors. And lead us not into temptation, but deliver us from evil."

For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Glory to You, O Lord our God!



Participating in the Divine Liturgy: Please follow the prayers and hymns of the Divine Liturgy in the books provided in the pews. The front section contains the Armenian Krapar text and modern Armenian translation, while the latter part gives the English transliteration and translation. Page numbers are illuminated at the upper left and right sides of the main altar. Please sing along with any of the hymns which the choir is singing.

Confession and Holy Communion: Those who are preparing to receive Holy Communion may kneel in the center aisle or remain standing at their pew for the group recitation of the confession (p. 48-49). After the absolution please proceed via the central aisle towards the altar in an orderly manner. Two Parish Council members will be present to assist. Please return to your pew via the side aisles.

CHRIST OUR GOD

You crown your saints with triumph and you do the will of all who fear you, looking after your creatures with love and kindness. Hear us from your holy and heavenly realm by the intercession of the Holy Mother of God and by the prayers of all your saints, especially the holy martyrs who gave their lives during the Armenian Genocide for faith and for the homeland, whom we commemorate today. Hear us Lord, and show us your mercy. Forgive, redeem and pardon our sins. Make us worthy thankfully to glorify you with the Father and with the Holy Spirit. Now and always and unto the ages of ages. Amen.



TODAY'S REQUIEMS (*Hokehankist*):

Requiem Prayer

Lord, have mercy. Lord, have mercy. Lord, have mercy. O Christ, Son of God, forbearing and compassionate, have compassion, in your love as our creator, upon the souls of your servants who are at rest, especially upon the souls of your servants and maidservants:

- **THERESA JANIGIAN** (40 Day Memorial - Karasoonk) - requested by Mr. & Mrs. Armen & Sonya Janigian, Ara and Sevan; Mr. & Mrs. Mark & Stephanie Kazarian, Rachel and Dana; Mr. & Mrs. Philip Palouljian; Mr. & Mrs. Stephen Megrdochian and Family.

- **BEDROS PETER YEKHTIKIAN** (38 Year Memorial); **CARLENE DENNISON** (38 Year Memorial); **MONOOSHAG YEKHTIKIAN** (38 Year Memorial); **AVEDIS YEKHTIKIAN** (36 Year Memorial) - requested by Mrs. Marian Goshgarian and Steven (CA); Gregory, Malcolm and Paul Yekhtikian.

- **KEROP MUGURDICHIAN; ANNA MUGURDICHIAN; MICHEL MUGURDICHIAN** - requested by Bertha Mugurdichian.

- **SUSAN BABORIAN** - (12 Year Memorial); **JOHN BABORIAN** (11 Year Memorial); **MARNOS KASHMANIAN** (25 Year Memorial); **MIKEL KASHMANIAN** (25 Year Memorial); **ARA YEHIGIAN** (5 Year Memorial) - requested by Melanie and Danielle Krikorian; Missy & Mark Giragosian; Nadine & David Hoplamazian; Mike & Gloria Church and Family; Ayrassian Family; Kashmanian Family.

- **AGNES MOORADIAN** (5 Year Memorial); **EGISA MOORADIAN** (4 Year Memorial); **HARRY KASHMANIAN**; **JOHN "MICKEY" KASHMANIAN**- requested by the Krikorian Family; Kashmanian Family; Ayrassian Family; Church Family.

- **FELIX KARAPETYAN**; **LARISA KARAPETYAN**; **SEDA DIATYAN**; **GEORGI DIATYAN**; **TATYANA CHPLIGINA** - requested by Rouzon Gevorkian and the Gevorkian Family.

...for whom we are offering these prayers. Be mindful of them in the great day of the coming of your kingdom. Make them worthy of mercy, of expiation and forgiveness of sins. Glorify them and reckon them with the company of your saints at your right hand. For you are Lord and creator of all, judge of the living and of the dead. And to you is befitting glory, dominion and honor, now and unto the ages of ages. Amen.



Welcome and Sunday Fellowship

Welcome Visitors! Please join us for our after services coffee fellowship in the Egavian Hall. Your presence is greatly valued. Please become a regular worshipper. **Note:** Please call the office if you would like to include the name of your family member or friend who is presently in the military in our prayer

Please keep our Christian brothers and sisters in Syria, Egypt and Iraq in your prayers that God Almighty will watch over them and protect them in these uncertain and dangerous times

Please pray for Haig Yaghoobian, US Army Basic Training at Ft. Jackson. His mailing info.: Specialist Haig Yaghoobian, Alpha Company, 3rd Battalion, 60th Infantry Regiment, 4th Platoon "Ghost Riders," 5500 Marion Ave., Fort Jackson, SC 29207.

PRAYER FOR HEALING - Armenian Book Of Hours (Sixth Hour)

Remove the pains and heal the wounds of your people, O Lord our God, and grant perfect health to us all through your all-conquering cross, through which you eliminated the weakness of the human race and condemned the enemy of our life and salvation.

You are our life and redemption, beneficent and all-merciful God, and you alone can forgive our sins, remove diseases and sicknesses from us. You know our needs, O giver of gifts; grant your abundant mercy to all your creatures, each one according to his needs. And through your gifts may we always praise the all-holy Trinity, the Father, the Son and the Holy Spirit, now and forever and ever. Amen

Prayers of Healing have been requested for:

His Beatitude Abp Mesrob Mutafyan, Patriarch of Constantinople

Prayer Card Ministry

Information about the *Prayer Card Ministry* of Sts. Sahag & Mesrob Armenian Church is available through the church office. If you would like to request a Healing Prayer Card or a Memorial Prayer Card for a loved one, please call the office (272-7712). Details for this are available on line at <http://www.stsahmes.org/prayercard.shtml>

ANNOUNCEMENTS

TODAY

Poon Paregentan Family Celebration - following church services sponsored by Sunday School and CEAB. Proceeds: FAR Armenia; Feed the Children US and Project Graduation. Luncheon, Children's Activities, The Balloon Man, Children's Dance Lessons (Eastern/Western). Students free, Adults \$10. Everyone welcome!

FEBRUARY 8

Senior Citizens - come join us every Monday (at 10 a.m. weather permitting, excluding holidays). Have fun with your friends and neighbors and enjoy with us "coffee and," cards, tavloo, pinochle, etc."

FEBRUARY 10

Lenten Services "My Lenten Journey" Wednesday evenings, beginning 2/10 through 3/16 at 7 p.m. followed by Bible Study "The Prophet/King/Messiah's Journey to Jerusalem." Please bring a Bible, meeting in Hanoian Hall. (February 24 & March 2, **no Bible study**, service only led by Dn. Gevork Gevorkian).

FEBRUARY 12 & 13

Nazeli Dance Group (2/12) and Arts Educational Program (2/13): Second Semester. For information, contact Chairperson, Janna Guegamian (401-861-3573.)

FEBRUARY 21

Annual Parish Assembly following church services. Please see notice (following page).

NOTICES

NOMINATING COMMITTEE - in preparation for the Parish Assembly on February 21, 2016, the Nominating Committee is seeking nominees for church officers to be elected at our annual Parish Assembly. If you are a dues-paying member of Sts. Sahag & Mesrob Armenian Church and would like to be considered for election to the Parish Council, Nominating or Auditing Committees, please speak to Fr. Shnork Souin, the church office at 401-272-7712, or any member of the Nominating Committee:

Patricia Boghigian (401-944-2211), Dorothy Martiesian (401-749-0269), or Naomi Thovmasian Marsh (401-942-3886). We are required to have 2 names for every position on the slate.

Chairman of the Day (1 position) - 2 to be nominated.

Secretary of the Day (1 position) - 2 to be nominated

Parish Council (6 positions) - 12 to be nominated.

Auditing Committee (1 position) - 2 to be nominated

Nominating Committee (3 positions) - 6 to be nominated

SCHOLARSHIP OPPORTUNITIES:

The *Scholarship Committee* of Sts. Sahag & Mesrob Armenian Church is pleased to announce that applications are now available for the *Charles Yaghoobian, Jr. Scholarship Grants* for 2016. Scholarship Grants will be awarded to qualified members of all three Armenian Churches in RI. Applicants must be dues paying members of their church. Scholarships are limited for up to 3 years only. We are currently seeking qualified candidates for consideration. For an application and a list of eligibility requirements you may contact: Nathalie Yaghoobian, 353-2488. The deadline to submit completed application and all documentation is April 1, 2016.

The *Vaughn Avedisian Memorial Fund* is offering scholarships this year by the RI Community Foundation to benefit students from RI to attend a non-profit post-secondary institution that offers either a two year associate or a four year college degree. Information and applications are available by contacting the Church Office, or John Takian (401-641-5851) johnt@blissproperties.net. The deadline must arrive by April 4, 2016 to be considered. Please contact Sylvia Long at (401) 884-4343 with any questions concerning the application process.

The *Aik Otyag #10 Daughters of Vartan* are pleased to announce that applications are now available for an academic scholarship grant for a high school senior, who is of Armenian descent and is a Rhode Island resident. Application and eligibility requirements are available through the church office or on line at the church website. The completed application must be postmarked no later than May 15, 2016, submitted to the scholarship committee c/o Dorothy Martiesian. Late or incomplete applications will not be accepted.

The *Paul O. and Mary Boghossian Memorial Trust* awards scholarships for study at institutions of higher education beyond the secondary level to RI students who demonstrate: financial need, academic capability, and potential to contribute to the US and its form of government. Scholarship awards from the Trust are limited to RI students from several groups which includes persons or descendants of persons who are Armenian by national origin or descent. Copies of the guidelines and application forms for eligible students are available in the church office (272-7712). Completed applications must be submitted by March 15 to the Paul O. and Mary Boghossian Memorial Trust (address included with the application information).

PARISH MEMBER DUES Following the decision of the 2/26/2014 Parish Assembly, membership dues are \$175 (\$125 for seniors). Based on a new Diocesan by-law, dues for members age 18-24 are only \$100. Those unable to give full dues may confidentially approach the Pastor

to explain their situation. Parishioners are kindly asked to contribute beyond dues as part of the *“Stewardship Program.”* **Existing members’ dues must be received by Dec. 31, 2016;** (new members must be received by June 30 to vote at Parish Assembly in February 2017.) Don’t forget to take advantage of the many payment options which can be made on line, by check, credit card, in full, or in part weekly, monthly or quarterly.

SUNDAY SCHOOL Announcement: Sunday School students are participating in an outreach project collecting hygiene products. The packages will be given to Mary House as well as to St. Sahag and St. Mesrob Church to distribute as needed. Thank you for your support in our children’s outreach efforts.

PRAYER BOX - There is now a new *prayer box* which replaces the “Gold Box” in the chancel. The new box is located on the table at the entrance of the Sanctuary on the elevator side. The prayer box is donated by Michele Kazarian in loving memory of her father, Michael Halberian.

LOVE YOUR NEIGHBOR REMINDER- Remember your non-perishable food donations for Mary House food pantry. Items that move very quickly and are needed the most - **tuna, peanut butter, jelly, soups and rice.** Donations of these food items will be greatly appreciated. They also need personal care toiletries such as tooth paste, tooth brushes, shampoo & conditioner, deodorant etc. As always thanks so much for supporting Mary House. For info., contact Joyce Avedisian (724-3978) or Bertha Mugurdichian (351-9276).

VETERANS LIST: We are continuing to update our Veteran’s list and will do so on a ongoing basis. Please send an email to Gary Nahabedian at GaryNahabedian@hotmail.com. If email is unavailable please call him at 401-871-8331. Please make sure to leave the veteran’s name, branch of service and living, deceased or killed in action. (Rank is optional).

Der Hayr’s Prayer List: Please inform the office if you have friends or family who are suffering any physical or spiritual distress and are in need of prayer, and Der Hayr will add them to his prayer list where they will be remembered before the Holy and Immortal Lamb of God during the Eucharist. *You may also use the prayer request cards and place them in the Gold Box.*

POOR BOX – Did you know we have poor boxes for donations to the needy at entrances to the Sanctuary? Contributions appreciated.

ARMENIAN RADIO HOUR - Sund ays 9-10 a.m. WARL 1320 AM

ARDZAGANG - Armenian Television Program-Statewide Cable Interconnect Channel 13 (A):broadcast Thursdays, 8:30-9:30 a.m

CHURCH LIBRARY - Anyone needing assistance to donate or take out books from the Church Library should call the church office at 272-7712.

CALENDAR OF EVENTS

FEBRUARY

- Today Poon Paregentan - Family Celebration after church
8 Lent Begins
Senior Citizens, 10 a.m.
9 Choir Rehearsal, 7 p.m.
10 Lenten Service & Bible Study, 7 p.m. - 8:30 p.m.
12 Jr. Choir 6 p.m.
Nazeli Dance Group 6:30 p.m.
13 Arts Education, 10 a.m.
14 Choir Rehearsal after service
15 Senior Citizens, 10 a.m.
17 Lenten Service & Bible Study, 7 p.m. - 8:30 p.m.
19 Jr. Choir 6 p.m.
Nazeli Dance Group 6:30 p.m.
20 Arts Education, 10 a.m.
21 Annual Parish Assembly after services
22 Senior Citizens, 10 a.m.
23 Choir Rehearsal, 7 p.m.
24 Lenten Service (service only) , 7 p.m.
26 Jr. Choir 6 p.m.
Nazeli Dance Group 6:30 p.m.
27 Arts Education
29 Senior Citizens, 10 a.m.

MARCH

- 2 Lenten Service (service only) 7 p.m.
4 Jr. Choir 6 p.m., Nazeli Dance Group 6:30 p.m.
5 Arts Education 10 a.m.
6 Women's Guild Soup Luncheon after church
7 Senior Citizens, 10 a.m.
9 Lenten Service & Bible Study 7-8:30 p.m.
11 Jr. Choir 6 p.m., Nazeli Dance Group 6:30 p.m.
12 Arts Education 10 a.m.
13 Choir Rehearsal after service
14 Senior Citizens, 10 a.m.
16 Lenten Service & Bible Study 7-8:30 p.m.
18 Jr. Choir 6 p.m., Nazeli Dance Group 6:30 p.m.
19 Arts Education 10 a.m.
20 Palm Sunday
21 Senior Citizens, 10 a.m.
24 Holy & Great Thursday
25 Holy & Great Friday
26 Holy & Great Saturday
26 Easter Sunday - Resurrection of our Lord Jesus Christ