



Ս. Սահակ եւ Ս. Մեսրոպ Հայց. Եկեղեցի

Saints Sahag & Mesrob Armenian Church
The Lighthouse

The Rev. Fr. Shnork Souin, Pastor

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Parish Council Members on Duty Today:

Ara Boghigian - Art Yarumian

Schedule of Sunday Services

Morning Service (<i>Keesherajeen & Aravodyan Jham</i>)	9:00 a.m.
Divine Liturgy (<i>Soorp Badarak</i>)	10:00 a.m.

Sunday, October 2, 2016

† **Fourth Sunday after the Exaltation of the Holy Cross** †

Չորրորդ Կիրակի զկնի Ս. Խաչի

Scripture Readings

Isaiah 17:7-14 (p. 696) II Cor. 13:5-13 (p. 170)

Mark 11:27-33 (Pg. 44)

Creed: English

The Legacy of our Martyrs 1915 - 2015

Don't just attend the Badarak. See it, feel it, sing it, pray it, hear it, smell it, touch it, and taste it and see how sweet is the Lord!

Ծաշակեցէք եւ տեսէք զի բաւոր է Տէր:

"Taste ye, and see, for the Lord is sweet." (Adapted from Psalm 34:8)

Der Shnork

—w—

Living the Legacy of the Holy Martyrs

The Fruits of the Spirit

But the fruit of the Spirit is **love**, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.

Galatians 5:22-23

Today's theme: ~ **LOVE** ~

—w—

Pastor's Points of Light

The Badarak or Divine Liturgy is the Source, Goal, Summit and Peak of our religious experience both on earth and in this earthly life. I say this not because it is embellished and adorned with mystery, beauty, music, radiant paraments, ornate language, but because it is the sacred vessel that contains the True and Living Presence of Christ Himself!

The Divine Liturgy with Christ at its center and purpose is therefore the intersection or incarnation of the heavenly with the earthly. It is the place, time and space where the Presence of God is fully

manifest among His Church and His people. This is most certainly true not because of any work of our own but because of Christ's own promise, His own presence and His own true and unfailing Word, "where 2 or 3 are gathered in my Name, there am I among you" (Matthew 18:20) for "Lo. I am with you always until the end of the age." (Matthew 28:20) "The Badarak is the taste of the eternal and the continuing incarnation where Christ continues His "ministry" of salvation.

Are you prepared today to receive His gift and discern His Presence? Many have asked about fasting and its importance or whether or not it is necessary. Fasting for Christians is not and should never be understood legalistically but as a spiritual discipline and for the benefit of humbling ourselves before God and to stir a hunger for Him and for His Word, both the audible and the sacramental. It is for our benefit and for preparation both body and soul for the divine encounter.

Thus as we prepare ourselves for the Divine Liturgy both physically and spiritually, it has become the custom of all Orthodox Churches to encourage fasting from all food and drink from the time we wake up on Sunday morning until we have received Holy Communion. Fasting helps us to focus our minds and hearts on the spiritual nourishment that we receive in Holy Communion.

Exceptions are made, of course, for those who, for health reasons, must eat in the morning. They may have a light breakfast and still feel competent to come forward for Holy Communion. Spiritual preparation for the Badarak is more about the heart and about our spiritual hunger than about rules and regulations.

I encourage the faithful to take some quiet time, to focus on the great mystery of being with God and to fast from bodily pleasures in preparation for this wonderful experience and privilege of being with, and receiving Christ.

Prayerfully,

Der Shnork Souin



The Holy Gospel of Jesus Christ according to Mark 11:27-33

And they came again to Jerusalem. And as he was walking in the temple, the chief priests and the scribes and the elders came to him, and they said to him, "By what authority are you doing these things, or who gave you this authority to do them?"

Jesus said to them, "I will ask you a question; answer me, and I will tell you by what authority I do these things. Was the baptism of John from heaven or from men? Answer me."

And they argued with one another, "If we say, 'From heaven,' he will say, 'Why then did you not believe him?' But shall we say, 'From men?'" -- they were afraid of the people, for all held that John was a real prophet.

So they answered Jesus, "We do not know." And Jesus said to them, "Neither will I tell you by what authority I do these things."

Glory to You, O Lord our God!



Response when Kissing the Cross (during the procession):

The **faithful** says:

Յիշեցիր եւ զիս անաչի անմահ գառինն Աստուծոյ:
Hee-shes-cheer yev zeez a-rra-chee an-mah ka-rinn As-doo-dzo.
(Remember me before the immortal Lamb of God.)

The **priest** says:

Յիշեալ լիջիր անաչի անմահ գառինն Աստուծոյ:
Hee-shyal lee-cheer a-rra-chee an-mah ka-rinn As-doo-dzo.
(You shall be remembered before the immortal Lamb of God.)

Response for the Kiss of Peace:

The **giver** says:

Քրիստոս ի մէջ մեր յայտնեցաւ:
Krees-dos ee mech mer hayd-ne-tsav.
(Christ is revealed in our midst.)

The **receiver** says:

Օրհնեալ է յայտնութիւնն Քրիստոսի:
Orh-nyal eh hayd-noo-tyoo-nun Krees-do-see.
(Blessed is the revelation of Christ.)

Response when Kissing the Gospel (after the Divine Liturgy):

The **faithful** says:

Յիշեցէ՛ Տէր զամենայն պատարագս քո:
Hee-shes-tseh Der za-me-nayn ba-da-ra-kus ko.
(May the Lord remember all your sacrifices.)

The **priest** says:

Տաղէ՛ քեզ Տէր ըստ սրտի քում:
Da-tseh kez Der usd sur-dee koom.
(May the Lord grant to you according to your heart.)

Participating in the Divine Liturgy: Please follow the prayers and hymns of the Divine Liturgy in the books provided in the pews. The front section contains the Armenian Krparar text and modern Armenian translation, while the latter part gives the English transliteration and translation. Page numbers are illuminated at the upper left and right sides of the main altar. Please sing along with any of the hymns which the choir is singing.

Confession and Holy Communion: Those who are preparing to receive Holy Communion may kneel in the center aisle or remain standing at their pew for the group recitation of the confession (p. 48-49). After the absolution please proceed via the central aisle towards the altar in an orderly manner. Two Parish Council members will be present to assist. Please return to your pew via the side aisles.



CHRIST OUR GOD

You crown your saints with triumph and you do the will of all who fear you, looking after your creatures with love and kindness. Hear us from your holy and heavenly realm by the intercession of the Holy Mother of God and by the prayers of all your saints, especially the holy martyrs who gave their lives during the Armenian Genocide for faith and for the homeland, whom we commemorate today. Hear us Lord, and show us your mercy. Forgive, redeem and pardon our sins. Make us worthy thankfully to glorify you with the Father and with the Holy Spirit. Now and always and unto the ages of ages. Amen.



TODAY'S REQUIEMS (*Hokehankist*):

Requiem Prayer

Lord, have mercy. Lord, have mercy. Lord, have mercy. O Christ, Son of God, forbearing and compassionate, have compassion, in your love as our creator, upon the souls of your servants who are at rest, especially upon the souls of your servants and maidservants:

- **MARY ARSENIAN** (40 Day Memorial - Karasoonk) - requested by the Arsenian, Makarian, Zakarian and Malkasian Families; Nora Movsesian; Christine Lefian; Kay Derderian; June Narzakian; Sonia & Apkar Lefian, Shake & Harout Aktchian.

- **JOHN STEPANIAN** (49 Year Memorial); **BERCH STEPANIAN** (19 Year Memorial) - requested by Martha Stepanian.

...for whom we are offering these prayers. Be mindful of them in the great day of the coming of your kingdom. Make them worthy of mercy, of expiation and forgiveness of sins. Glorify them and reckon them with the company of your saints at your right hand. For you are Lord and creator of all, judge of the living and of the dead. And to you is befitting glory, dominion and honor, now and unto the ages of ages. Amen.



Welcome and Sunday Fellowship

Welcome Visitors! Please join us for our after services coffee fellowship in the Egavian Hall. Your presence is greatly valued. Please become a regular worshipper. **Note:** Please call the office if you would like to include the name of your family member or friend who is presently in the military in our prayers.

Please keep our Christian brothers and sisters in Artsakh, Syria, Egypt and Iraq in your prayers that God Almighty will watch over them and protect them in these uncertain and dangerous times

PRAYER FOR HEALING - Armenian Book Of Hours (Sixth Hour)

Remove the pains and heal the wounds of your people, O Lord our God, and grant perfect health to us all through your all-conquering cross, through which you eliminated the weakness of the human race and condemned the enemy of our life and salvation.

You are our life and redemption, beneficent and all-merciful God, and you alone can forgive our sins, remove diseases and sicknesses from us. You know our needs, O giver of gifts; grant your abundant mercy to all your creatures, each one according to his needs. And through your gifts may we always praise the all-holy Trinity, the Father, the Son and the Holy Spirit, now and forever and ever. Amen

Prayers of Healing have been requested for:

His Beatitude Abp. Mesrob Mutafyan, Patriarch of Constantinople

Prayer Card Ministry

Information about the *Prayer Card Ministry* of Sts. Sahag & Mesrob Armenian Church is available through the church office. If you would like to request a Healing Prayer Card or a Memorial Prayer Card for a loved one, please call the office (272-7712). Details for this are available on line at <http://www.stsahmes.org/prayercard.shtml>

ANNOUNCEMENTS

OCTOBER 3

Senior Citizens - come join us every Monday (at 10 a.m. weather permitting, **excluding holidays**). Have fun with your friends & neighbors & enjoy with us "coffee and," cards, tavloo, pinochle, etc.

OCTOBER 3

Prof. Ara Dostourian's *Church History Class* will meet Mondays from 7-8:30 p.m. in the Church Hall. October classes: 10/3, 10/10 and 10/17. Please join us. Call the church office for further details.

OCTOBER 4& 8

Armenian School classes are being held on Tuesdays (10/3) at 6 p.m. and on Saturdays (10/8) at 10 a.m. Subjects to include language, history, music, religion (culture). Ages 4+ including adults. Tuition for children \$100 for 1st child, \$90 for each additional child. Adults, \$100 for parents with children registered, \$200 for adults without children registered. Contact Mariam Saribekyan (im_mariamin@yahoo.com), text/phone 401-714-6327.

OCTOBER 7 & 8

The Cultural Committee's *Arts Educational Program*: Programs have begun and meet on Saturdays at 10 a.m. Jr. Choir meets on Fridays at 6 p.m., and Nazeli Dance group on Fridays at 6:30 p.m. Contact Chairperson, Janna Guegamian (401-861-3573.) Registration forms available through the office.

OCTOBER 16

Sunday, October 16 - *Name Day Banquet*, honoring Parishioners of the Year: Araxy Avedisian, Marjorie Martiesian, George Moorachian and Nishan Serabian. Banquet to follow Church Services Tickets \$20.00 --Reservations may be made by calling the church office, 401-272-7712 or Anahid Ayrassian at 401-272-4743.

OCTOBER 22

Save the date! Saturday, October 22, 2016 at 7 p.m. in the Egavian Cultural Center - *25th Anniversary of Armenia's Independence*. Special program, Guest Speaker - His excellency Zohrab Mnatsakanyan, Armenia's Ambassador to the United Nations, "Our Favorite Armenian Songs" featuring the "Bostonian's," renowned Vocal Group (premier performance in RI), sponsored by the Cultural Committee. Free will offerings will be graciously accepted.

OCTOBER 30

Flu & Pneumonia Shot Clinic here at the church in the Hanoian Hall on Sunday, October 30 after church services. This walk-in clinic is sponsored by Rite Aid and our AYOAs. Must be 19 years old and a Rhode Island resident with health insurance. High dosage available for senior citizens. (If you do not have health insurance, shots are \$30 as defined by Rite Aid.) For questions call Melissa Megrdochian Pharm.D. (401) 529-7172.

NOVEMBER 5 & 6

The 86th *Annual Armenian Food Fair & Bazaar* will be held on Saturday & Sunday, November 5 & 6, 2016 in the Egavian Cultural Center, featuring authentic Armenian food & pastries, take out food booth, Armenian market with all your Armenian favorites, children's activities, etc. Come enjoy a great meal at very reasonable prices and spend time with family & friends. Cash/ Credit Card available for your convenience. For more information, contact the church office at 272-7712, e-mail us at office@stsahmes.org or visit the church web site at www.stsahmes.org or log onto armenianfoodfairri.org or armenianfoodfairri.com. The mailing with details on how to support the Sponsor Book, Wish List, etc., has been sent. Your participation is needed and greatly appreciated. Reminder: The Bazaar Committee will be asking for parishioners to bring baked items (Armenian or American) for the pastry table Saturday and Sunday. Please help support the bazaar !!

NOVEMBER 12

SAVE THE DATE!!! November 12, 2016 at 10:30 AM. Official opening of the new St. Nersess Seminary campus and Consecration of its new Chapel. His Holiness Karekin II, Supreme Patriarch and Catholicos of All Armenians will officiate. Parish Council will arrange for bussing if enough parishioners wish to attend. Please call or email the church office (office@stsahmes.org) by October 1 to reserve a seat. Cost and further details will follow based on the number of attendees.

NOTICES

Join us for the *Blessing of the Grapes* to benefit The Society for Orphaned Armenian Relief on October 1st, 1:30-6pm at Carolyn's Sakonnet Vineyard. Tables of 10 for \$1,000 or individual tickets for \$100 available. Family style dinner, wine tasting and silent auction, all proceeds will benefit SOAR. Special Guest Speakers Carla Garapedian and Mark Geragos. To purchase tickets and RSVP contact: Gary Grigorian at g_grigorian@cox.net or 401-353-7877.

AHARI Secures a new home! The Armenian Historical Association of Rhode Island (AHARI) has moved to new headquarters at 245 Waterman Street, Suite 204, Providence, RI 02906. The new suite of offices includes an exhibit gallery. This is an official Call For Armenian Artifacts at the new offices (see address listed above) on the following dates and times: Saturday, **October 15th** 10:00a.m. – 2:00p.m. - Saturday, **October 29th** 10:00a.m. – 2:00[/,/. AHARI members will have available Gift Forms for donors to complete. AHARI is a 501c non-profit organization, therefore all donations are tax deductible. Share your family's past historical and cultural artifacts thru AHARI and help perpetuate Armenia's glorious past.

PARISH MEMBER DUES Following the decision of the 2/26/2014 Parish Assembly, membership dues are \$175 (\$125 for seniors). Based on a new Diocesan by-law, dues for members age 18-24 are only \$100. Those unable to give full dues may confidentially approach the Pastor to explain their situation. Parishioners are kindly asked to contribute beyond dues as part of the "*Stewardship Program.*" **Existing members' dues must be received by Dec. 31, 2016;** (new members must be received by June 30 to vote at Parish Assembly in February 2017.) Don't

forget to take advantage of the many payment options which can be made on line, by check, credit card, in full, or in part weekly, monthly or quarterly.

PRAYER BOX - There is now a new *prayer box* which replaces the "Gold Box" in the chancel. The new box is located on the table at the entrance of the Sanctuary on the elevator side. The prayer box is donated by Michele Kazarian in loving memory of her father, Michael Halberian.

LOVE YOUR NEIGHBOR REMINDER- Remember your non-perishable food donations for Mary House food pantry. Items that move very quickly and are needed the most - **tuna, peanut butter, jelly, soups and rice.** They also need personal care toiletries such as tooth paste, tooth brushes, shampoo & conditioner, deodorant etc. As always thanks so much for supporting Mary House. For info., contact Joyce Avedisian (724-3978) or Bertha Mugurdichian (351-9276). Future Meal Kitchen dates: 9/26, 11/21, 4/10/17, and 6/26/17.. Your participation is always welcome.

VETERANS LIST: We are continuing to update our Veteran's list and will do so on an ongoing basis. Please send an email to Gary Nahabedian at GaryNahabedian@hotmail.com. If email is unavailable please call him at 401-871-8331. Please make sure to leave the veteran's name, branch of service and living, deceased or killed in action. (Rank is optional).

Der Hayr's Prayer List: Please inform the office if you have friends or family who are suffering any physical or spiritual distress and are in need of prayer, and Der Hayr will add them to his prayer list where they will be remembered before the Holy and Immortal Lamb of God during the Eucharist. *You may also use the prayer request cards and place them in the Gold Box.*

POOR BOX – Did you know we have poor boxes for donations to the needy at entrances to the Sanctuary? Contributions appreciated.

ARMENIAN RADIO HOUR - Sundays 9-10 a.m. WARL 1320 AM
ARDZAGANG - Armenian Television Program-Statewide Cable Interconnect Channel 13 (A):broadcast Thursdays, 8:30-9:30 a.m

CALENDAR OF EVENTS

OCTOBER

- 3 Senior Citizens, 10 a.m.
Church History Class 7 p.m.
- 4 Armenian School, 6-8 p.m.
Parish Council, 7 p.m.
- 7 Junior Choir, 6 p.m., Nazeli Dance Group 6:30 p.m.
- 8 Arts Education, 10 a.m.
Armenian School 10a.m.-1p.m.
- 10 Columbus Day Holiday, office closed,
Church History Class 7 p.m.
- 11 Senior Citizens, 10 a.m.
Armenian School 6 p.m.
- 14 Junior Choir, 6 p.m., Nazeli Dance Group 6:30 p.m.
- 15 Arts Education, 10 a.m.
Armenian School 10a.m.-1p.m.
- 16 Church Name Day
- 17 Senior Citizens, 10 a.m.,
Church History Class, 7 p.m.
- 18 Armenian School, 6-8 p.m.
Choir Rehearsal, 7 p.m.
- 21 Junior Choir, 6 p.m., Nazeli Dance Group 6:30 p.m.
- 22 Arts Education, 10 a.m.
Armenian School 10a.m.-1p.m.
Gala Concert 7 p.m. (see notice)
- 24 Senior Citizens, 10 a.m., (Note: No Church History Class today)
- 25 Armenian School, 6-8 p.m.
Parish Council, 7 p.m.
- 28 Junior Choir, 6 p.m., Nazeli Dance Group 6:30 p.m.
- 29 Arts Education, 10 a.m.
Armenian School 10a.m.-1p.m.
- 30 Flu Clinic in Hanoian Hall after church (see notice)
- 31 Senior Citizens, 10 a.m.
(No Church History Class today)

NOVEMBER

- 5-6 Annual Church Bazaar
- 12 Official opening of the new St. Nersess Seminary campus and
Consecration of its new Chapel - Bus trip being arranged, see
notice inside bulletin for details.
- 24 Thanksgiving Day, Office Closed

DECEMBER

- 13 Women's Guild Cookie Stoll
- 24, 25 Christmas Schedule of Services to be Announced.