



Ս. Սահակ եւ Ս. Մեսրոպ Հայց. Եկեղեցի

Saints Sahag & Mesrob Armenian Church
The Lighthouse

The Rev. Fr. Shnork Souin, Pastor

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Parish Council Members on Duty Today:

Len Arzoomanian - Marc Janigian

Schedule of Sunday Services

Morning Service (<i>Keesherajeen & Aravodyan Jham</i>)	9:00 a.m.
Divine Liturgy (<i>Soorp Badarak</i>)	10:00 a.m.

February 12 2017

Առաջադրաց Կիրակի

Sunday of the Catechumens

Scripture Readings

Isaiah 63:7-18 (Pg. 738) II Timothy 3:1-12 (Pg. 193)

John 6:22-38 (Pg. 89)

Creed: Armenian

The Legacy of our Martyrs 1915 - 2015

Don't just attend the Badarak. See it, feel it, sing it, pray it, hear it, smell it, touch it, and taste it and see how sweet is the Lord!

Ծաշակեցէք եւ տեսէք զի քաղցր է Տէր:

"Taste ye, and see, for the Lord is sweet." (Adapted from Psalm 34:8)

Der Shnork

—~—
Living the Legacy of the Holy Martyrs

The Fruits of the Spirit

But the fruit of the Spirit is love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness, self-control; against such there is no law.

Galatians 5:22-23

Today's theme: ~ KINDNESS ~

—~—
Pastor's Points of Light

This is the Sunday of the Catechumens, meaning that we are exactly 2 weeks from the beginning of Great Lent, the period marked by a magnification of the spiritual disciplines of fasting, prayer and almsgiving. The church has not laid down these disciplines meaninglessly, but has the salvation of our souls in mind. The disciplines are part of the overall process that leads us toward an inclination toward the holy life and the life in Christ. The church understands that this is not our natural inclination nor our will, but urges us through the mortification of the flesh to flee from our bondage of the worldly and cling to the spiritual, replacing natural desires with super essential

ones. Jesus infers as much when He reminds His hearers that while the Jews ate the manna in the wilderness still died, those who eat the True Bread which comes down from Heaven, His True Body will live for eternal life, "For the bread of God is he who comes down from heaven and gives life to the world." (John 6:33)

The catechumen are/were those who are novices in the faith, and are preparing for baptism. Historically, they were placed under a severe rule of discipline in order to become spiritually prepared for Baptism at Pascha or Easter. To this day, the church subjugates the faithful everywhere to the same austerity in order to subdue us and deprive us of our addiction to worldly appetites and distractions, in order to cleanse the soul and body in preparation of the illumination of Christ's Resurrection.

A great example, and one of many from the church's history, who achieved the life in Christ and holiness was an eminent father of the church, who was martyred for his faith.

St. Ignatius of Antioch, who himself was catechized at the feet of the Apostle John, wrote in his letter to the church of Rome, before his martyrdom, "I no longer take pleasure in perishable food nor in the delights of this world. I want only God's bread, which is the flesh of Jesus Christ, formed of the seed of David, and for drink I crave his blood, which is love that cannot perish."

My question that I ask myself today and to you my dear faithful, is, Where does one find such faith and such complete dependence on Christ and on His precious Body today? Our Lord who came down from heaven and lives among us, invites us into a living communion with Him. Will I crave His Body over the bread of this world? Will I be quenched by His Blood instead of the worldly drink?

Prayerfully,
Fr. Shnork Souin



The Holy Gospel of Jesus Christ according to John (6:22-38)

On the next day the people who remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone. However, the boats from Tiberias came near the place where they ate the bread after the Lord had given thanks. So when the people saw that Jesus was not there, not his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Truly, truly, I say to you, you seek me, not because you saw signs, but because you ate your fill of the loaves. Do not labor for the food which perishes, but for the food which endures to eternal life, which the Son of man will give to you; for on him has God the Father set his seal."

Then they said to him, "What must we do, to be doing the works of God?" Jesus answered them, "this is the work of God, that you believe in him whom he has sent." So they said to him, "Then what sign do you do, that we may see, and believe you? What work do you

perform? Our fathers ate the manna in the wilderness, as it is written, "He gave them bread from heaven to eat."

Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven, and gives life to the world." They said to him, "Lord, give us this bread always."

Jesus said to them, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst. But I said to you that you have seen me and yet do not believe. All that the Father gives me will come to me; and him who comes to me I will not cast out. For I have come down from heaven, not to do my own will, but the will of him who sent me."

Glory to You, O Lord our God!



Response when Kissing the Cross (during the procession):

The **faithful** says:

Յիշեսցիր եւ զիս առաջի անմահ գառիճն Աստուծոյ:

Hee-shes-cheer yev zeez a-rra-chee an-mah ka-rinn As-doo-dzo.

(Remember me before the immortal Lamb of God.)

The **priest** says:

Յիշեալ լիջիր առաջի անմահ գառիճն Աստուծոյ:

Hee-shyal lee-cheer a-rra-chee an-mah ka-rinn As-doo-dzo.

(You shall be remembered before the immortal Lamb of God.)

Response for the Kiss of Peace:

The **giver** says:

Քրիստոս ի մէջ մեր յայտնեցաւ:

Krees-dos ee mech mer hayd-ne-tsav.

(Christ is revealed in our midst.)

The **receiver** says:

Օրհնեալ է յայտնութիւնն Քրիստոսի:

Orh-nyal eh hayd-noo-tyoo-nun Krees-do-see.

(Blessed is the revelation of Christ.)

Response when Kissing the Gospel (after the Divine Liturgy):

The **faithful** says:

Յիշեսցէ Տէր զամենայն պատարագս քո:

Hee-shes-tseh Der za-me-nayn ba-da-ra-kus ko.

(May the Lord remember all your sacrifices.)

The **priest** says:

Տացէ քեզ Տէր ըստ սրտի քոմ:

Da-tseh kez Der usd sur-dee koom.

(May the Lord grant to you according to your heart.)

Participating in the Divine Liturgy: Please follow the prayers and hymns of the Divine Liturgy in the books provided in the pews. The front section contains the Armenian Krapar text and modern Armenian translation, while the latter part gives the English transliteration and translation. Page numbers are illuminated at the upper left and right sides of the main altar. Please sing along with any of the hymns which the choir is singing.

Confession and Holy Communion: Those who are preparing to receive Holy Communion may kneel in the center aisle or remain standing at their pew for the group recitation of the confession (p. 48-49). After the absolution please proceed via the central aisle towards the altar in an orderly manner. Two Parish Council members will be present to assist. Please return to your pew via the side aisles.

CHRIST OUR GOD

You crown your saints with triumph and you do the will of all who fear you, looking after your creatures with love and kindness. Hear us from your holy and heavenly realm by the intercession of the Holy Mother of God and by the prayers of all your saints, especially the holy martyrs who gave their lives during the Armenian Genocide for faith and for the homeland, whom we commemorate today. Hear us Lord, and show us your mercy. Forgive, redeem and pardon our sins. Make us worthy thankfully to glorify you with the Father and with the Holy Spirit. Now and always and unto the ages of ages. Amen.



TODAY'S REQUIEMS (*Hokehankist*):

Requiem Prayer

Lord, have mercy. Lord, have mercy. Lord, have mercy. O Christ, Son of God, forbearing and compassionate, have compassion, in your love as our creator, upon the souls of your servants who are at rest, especially upon the souls of your servants and maidservants:

- **ARAXIE KOJOIAN** (One Year Memorial - Dareleetz); **JOHN KOJOIAN** (47 Year Memorial); **MISSAH M. SABOUNJIAN** (14 Year Memorial) - requested by Mr. & Mrs. Peter Megrdochian; Mr. & Mrs. John Megrdochian and Family; Mr. & Mrs. Stephen Megrdochian and Family; Jack & Liz Sabounjian.

- **ELIZABETH SARKISIAN** (12 Year Memorial) - requested by Myron & Rosemary Kuzirian; Bill & Karen Brannon; Michael & Denise Navoian; Stephanie & Michael Cogliandro; LCDR Stephen C. Kuzirian; Matthew C. Brannon; Zachary, Jenna and Kadie Navoian; Sophia Cogliandro; Rose Marashian and Family; Roxie Kuzirian.

- **ROBERT H. YEREMIAN** - requested by Joyce, Robert and Gregory Yeremian.

- **MARY KASHMANIAN; SUE BABORIAN; JOHN BABORIAN; AGNES MOORADIAN; EGISHA MOORADIAN; HARRY KASHMANIAN; ARA YEHIGIAN** - requested by Melanie and Danielle Krikorian; Melissa & Mark Giragosian; Nadine & David Hoplamazian; Mike & Gloria Church.

...for whom we are offering these prayers. Be mindful of them in the great day of the coming of your kingdom. Make them worthy of mercy, of expiation and forgiveness of sins. Glorify them and reckon them with the company of your saints at your right hand. For you are Lord and creator of all, judge of the living and of the dead. And to you is befitting glory, dominion and honor, now and unto the ages of ages. Amen.

Welcome and Sunday Fellowship

Welcome Visitors! Please join us for our after services coffee fellowship in the Egavian Hall. Your presence is greatly valued. Please become a regular worshipper. **Note:** Please call the office if you would like to include the name of your family member or friend who is presently in the military in our prayers.

Please keep our Christian brothers and sisters in Artsakh, Syria, Egypt and Iraq in your prayers that God Almighty will watch over them and protect them in these uncertain and dangerous times

PRAYER FOR HEALING - Armenian Book Of Hours (Sixth Hour)

Remove the pains and heal the wounds of your people, O Lord our God, and grant perfect health to us all through your all-conquering cross, through which you eliminated the weakness of the human race and condemned the enemy of our life and salvation.

You are our life and redemption, beneficent and all-merciful God, and you alone can forgive our sins, remove diseases and sicknesses from us. You know our needs, O giver of gifts; grant your abundant mercy to all your creatures, each one according to his needs. And through your gifts may we always praise the all-holy Trinity, the Father, the Son and the Holy Spirit, now and forever and ever. Amen

Prayers of Healing have been requested for:

His Beatitude Abp. Mesrob Mutafyan, Patriarch of Constantinople
Daniel Ayriyan, Jr.

Prayer Card Ministry

Information about the *Prayer Card Ministry* of Sts. Sahag & Mesrob Armenian Church is available through the church office. If you would like to request a Healing Prayer Card or a Memorial Prayer Card for a loved one, please call the office (272-7712). Details for this are available on line at <http://www.stsahmes.org/prayercard.shtml>

ANNOUNCEMENTS

TODAY

Our *Guest Celebrant* today is the Very Rev. Fr. Simeon Odabashian, Diocesan Vicar. Welcome, Hayr Soorp!

A donation towards the *Altar Flowers* has been given today by John Derderian.

The Women's Guild "*Soup and Salad Luncheon*" that was scheduled for today has been cancelled and a future date for this event will be announced.

FEBRUARY 13

Senior Citizens - Come join us on Mondays (at 10 a.m. weather permitting, **excluding holidays**). Have fun with your friends & neighbors & enjoy with us "coffee and," cards, tavloo, pinochle, etc.

FEBRUARY 14 & 18

Armenian School classes are being held on Tuesdays at 6 p.m. and on Saturdays at 10 a.m. Subjects to include language, history, music, religion (culture). Ages 4+ including adults. Tuition for children \$100 for 1st child, \$90 for each additional child. Adults, \$100 for parents with children registered, \$200 for adults without children registered. Contact Mariam Saribekyan (phone 401-714-6327).

FEBRUARY 16

A *Focus Group Meeting of the Church Health Team* has been scheduled for Thursday, February 16 at 6:30 p.m. Please RSVP to Martha Jamgochian (jmartha9@gmail.com, 723-3344) to let her know you would like to participate by 2/14/17. The purpose of the Church Health Team is to take ideas, prioritize them, and turn them into a workable action plan that becomes part of the parish's strategic planning process and is open to all parishioners.

FEBRUARY 17 & 18

The Cultural Committee's *Arts Educational Program* meets on Saturdays at 10 a.m. *Jr. Choir* meets on Fridays at 6 p.m., and *Nazeli Dance Group* on Fridays at 6:30 p.m. Contact Chairperson, Janna Guegamian (401-861-3573.)

FEBRUARY 19

Mardi Gras Family Celebration, sponsored by the Sunday School/CEAB - Lenten Drive Fund Raiser - Lunch, Balloon Man, Face Painting. Sunday, February 19 following the Divine Liturgy. Children free, adults, \$10. Proceeds: FAR Armenian Syrian Armenian Refugees in Armenia (currently 20,000).

FEBRUARY 23

The Knights and Daughters of Vartan wish to invite you to a *Vartanantz Day Commemoration* at St. Vartanantz Church, Thursday, February 23 at 7 p.m. Church service followed by a collation. All Armenians are invited and we urge all to attend to remember the ultimate sacrifice of our national hero Vartan Mamigonian and all Armenians who said no to the mighty king of Persia who wanted Armenians to renounce our Lord Jesus Christ and worship fire and sun. Call Malcolm Serabian for info. (401-440-3786).

MARCH 1

Wednesday evenings of Lent *Bible Studies* begin at 7 p.m. on March 1 - "The Early Church - Her Creeds and Councils" and continue through March on 3/8, 3/15, 3/22 (NO Bible Study on 3/29), and April 5. (Note: No session in the event of inclement weather, snow, icy roads or extreme cold. Call the office if in doubt.)

MARCH 3

Beginning March 3, *Friday Evenings of Great Lent*, Rest/Peace Services 6:30pm (with Guest Speakers) - Family Night Lenten Fellowship 7:30pm: March 3 (Guest-TBD); March 10 Speaker-Fr. George Economou-Greek Orth. Church (Fasting in the Tradition of the Orthodox Church in the season of Great Lent); March 17 (Guest-TBD); March 24 (Speaker-Dn. Gary Alexander); March 31 (Speaker-Fr. Shnork Souin); April 7 (Speaker-Fr. Gomidas Baghsarian).

MARCH 4

"*Music Appreciation Series*" Concert, presented by the Cultural Committee of Sts. Sahag & Mesrob Armenian Church, Saturday, March 4, 2017 at 7 p.m. Featuring RI's talented performers: Gohar Mangelikian (Mezzo-Soprano); Dalita Getzoyan (Flute); Bethany Rachdouni (Violin); and Raffi Rachdouni (Piano). Donation \$15. Refreshments.

MARCH 5

Join us for a full-course *Lenten Fish Dinner* following church services on Sunday, March 5 at 12:15 p.m. \$15 per person, \$7 kids (chicken tenders). Includes oven-roasted potatoes, glazed carrots; wine, appetizer, salad, dessert and coffee. Seating limited to 100 people. Call the church office to reserve a space (401-272-7712)

NOTICES

NOMINATING COMMITTEE - in preparation for the Parish Assembly on February 26, 2017, the Nominating Committee is seeking nominees for church officers to be elected at our annual Parish Assembly. If you are a dues-paying member of Sts. Sahag & Mesrob Armenian Church and would like to be considered for election to the Parish Council, Nominating or Auditing Committees, please speak to Fr. Shnork Souin, the church office at (401-272-7712), or any member of the Nominating Committee: Patricia Boghigian (401-944-2211), Zita Butler (401-935-1997), Karen Moore (401-615-0514). We are required to have 1.5 names for every position on the slate.

The Genealogy Subcommittee of the Armenian Historical Association of Rhode Island (AHARI) is forming a Genealogy Club. The purpose is to assist members in tracing their ancestors and discovering the daily events that shaped their and, eventually, our lives. We want to come together to help people find information about their ancestors. Share your family's past historical and cultural artifacts thru AHARI and help perpetuate Armenia's glorious past. AHARI is a 501c non-profit organization. The AHARI office is at 245 Waterman St., Suite 204, Providence. (Telephone 401-544-5511) Please contact Margaret Chevian at margo1915@gmail.com or 401-331-3985 if you have questions!

Save the Date ...for the "*Women of Ararat*," a play by Judith Boyajian and directed by Carol Mikaelian Schlink, 2015 Rhode Island "Genocide Educator of the Year," will be performed on Sunday, April 30, 2017 at 3 p.m. at the Scottish Rite Auditorium, 2115 Broad Street, Cranston, RI 02905.

2017 St. Nersess Summer Conferences - 2017 *Summer Conferences at St. Nersess Armenian Seminary* - brochures with complete information for programs and signing up are available in the wall pockets near the church office.

Scholarship Opportunities

The **Scholarship Committee** of Sts. Sahag & Mesrob Armenian Church, is pleased to announce that applications are now available for the **Charles Yaghoobian, Jr. Scholarship Grants for 2017**. Scholarship Grants will be awarded to qualified members of all three Armenian Churches in RI. Applicants must be dues paying members of their church. Scholarships are limited for up to 3 years only. We are currently seeking qualified candidates for consideration. For an application and a list of eligibility requirements you may contact: Nathalie Yaghoobian, 353-2488. The deadline to submit completed application and all documentation is April 1, 2017.

The **Vaughn Avedisian Memorial Fund** is offering scholarships this year by the RI Community Foundation to benefit students from RI to attend a non-profit post-secondary institution that offers either a two year associate or a four year college degree. Information and applications are available by contacting the Church Office, or John Takian (401-641-5851) johnt@blissproperties.net. The deadline must arrive by April 4, 2017 to be considered by mailing to Sylvia Long, 67 Pojac Pt. Rd., N. Kingstown, RI 02852, or call her at (401) 884-4343 with any questions concerning the application process.

The **Paul O and Mary Boghossian Memorial Trust Scholarship** is

being made available again this year to RI students for study at institutions of higher education beyond the secondary level who demonstrate financial need, academic capability, and potential to contribute to the US and its form of government. Application form is available through the church office (401-272-7712) or available by e-mail. The due date for application is 3/15.

PARISH MEMBER DUES - Membership dues are \$175 (\$125 for seniors). Based on a new Diocesan by-law, dues for members age 18-24 are only \$100. Those unable to give full dues may confidentially approach the Pastor to explain their situation. Parishioners are kindly asked to contribute beyond dues as part of the "Stewardship Program." **Existing members' dues must be received by Dec. 31, 2017;** (new members must be received by June 30 to vote at Parish Assembly in February 2018.) Take advantage of the many payment options which can be made on line, by check, credit card, in full, or in part weekly, monthly or quarterly.

PRAYER BOX - There is a *prayer box* in the chancel located on the table at the entrance of the Sanctuary on the elevator side where you may place your written prayer requests. The prayer box is donated by Michele Kazarian in loving memory of her father, Michael Halberian.

LOVE YOUR NEIGHBOR REMINDER- Remember your non-perishable food donations for Mary House food pantry. Items that move very quickly and are needed the most - **tuna, peanut butter, jelly, soups and rice.** They also need personal care toiletries such as tooth paste, tooth brushes, shampoo & conditioner, deodorant etc. As always thanks so much for supporting Mary House. For info., contact Joyce Avedisian (724-3978) or Bertha Mugurdichian (351-9276). Future Meal Kitchen dates: 4/10/17, and 6/26/17. Your participation is always welcome.

SUNDAY SCHOOL Announcement: Sunday School students are participating in an outreach project collecting hygiene products. The packages will be given to Mary House as well as to St. Sahag and St. Mesrob Church to distribute as needed. During the month of January, we are requesting hand sanitizers and deodorants. They may be placed in the bin in the Sunday School area. Thank you for your support in our children's outreach efforts.

VETERANS LIST: We are continuing to update our Veteran's list and will do so on an ongoing basis. Please send an email to Gary Nahabedian at GaryNahabedian@hotmail.com. If email is unavailable please call him at 401-871-8331. Please make sure to leave the veteran's name, branch of service and living, deceased or killed in action. (Rank is optional).

Der Hayr's Prayer List: Please inform the office if you have friends or family who are suffering any physical or spiritual distress and are in need of prayer, and Der Hayr will add them to his prayer list where they will be remembered before the Holy and Immortal Lamb of God during the Eucharist. *You may also use the prayer request cards and place them in the Gold Box.*

POOR BOX – Did you know we have poor boxes for donations to the needy at entrances to the Sanctuary? Contributions appreciated.

ARMENIAN RADIO HOUR - Sundays 9-10 a.m. WARL 1320 AM

ARDZAGANG - Armenian Television Program-Statewide Cable Interconnect Channel 13 (A):broadcast Thursdays, 8:30-9:30 a.m.

Calendar of Events - please see insert